



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser

Number: 1922

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 40:31

Speed: 14.81 km/h

Running performance: 4:03 min/km

Rank in course/Total: 26 (of 202)

Rank in course/Men: 25 (of 161)

Best time in course: 31:09

Rank in category: 1(of 9)

Best time in the category: 40:31