



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Herms, Jörg

Club: Mühlhausen
Number: 1894

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 41:43

Speed: 14.38 km/h
Running performance: 4:10 min/km

Rank in course/Total: 37 (of 202)

Rank in course/Men: 35 (of 161)

Best time in course: 31:09

Rank in category: 4(of 21)

Best time in the category: 37:10