



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Rudolph, Sascha

Club: GS Ammern

Number: 79

Course: 1.70 km

Schülerlauf

Category:

männliche Schüler D

Total time: 7:43

Speed: 7.78 km/h

Running performance: 4:32 min/km

Rank in course/Total: 82 (of 296)

Rank in course/Men: 53 (of 156)

Best time in course: 5:40

Rank in category: 13(of 87)

Best time in the category: 6:32