



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Zegowitz, Gerhard

Club: Weimar
Number: 1900

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 44:52

Speed: 13.37 km/h
Running performance: 4:29 min/km

Rank in course/Total: 65 (of 202)

Rank in course/Men: 61 (of 161)

Best time in course: 31:09

Rank in category: 9(of 24)

Best time in the category: 36:06