



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Heller, Matthias

Club: Mühlhäuser Lauf combo  
Number: 1882

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 45:05

Speed: 13.31 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 67 (of 202)

Rank in course/Men: 63 (of 161)

Best time in course: 31:09

Rank in category: 15(of 32)

Best time in the category: 34:34