



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Stukowski, Manfred

Club: Mühlhausen
Number: 1863

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 45:30

Speed: 13.19 km/h
Running performance: 4:33 min/km

Rank in course/Total: 71 (of 202)

Rank in course/Men: 67 (of 161)

Best time in course: 31:09

Rank in category: 10(of 24)

Best time in the category: 36:06