



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Blask, Uwe**

Club: Gerstungen  
Number: 1971

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 45:33

Speed: 13.17 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 73 (of 202)

Rank in course/Men: 69 (of 161)

Best time in course: 31:09

Rank in category: 17(of 32)

Best time in the category: 34:34