



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Seyfarth, Jörg

Club: SV 1918 Großengottern
Number: 1931

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 46:18

Speed: 12.96 km/h
Running performance: 4:38 min/km

Rank in course/Total: 82 (of 202)

Rank in course/Men: 78 (of 161)

Best time in course: 31:09

Rank in category: 11(of 24)

Best time in the category: 36:06