



12. Mühlhäuser Altstadtlauf

Mühlhausen / 30.08.2008

Detailed evaluation

Schmotz, Rico

Club: Jema-Laufteam Mühlhausen
Number: 1854

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 46:42

Speed: 12.85 km/h
Running performance: 4:40 min/km

Rank in course/Total: 85 (of 202)

Rank in course/Men: 81 (of 161)

Best time in course: 31:09

Rank in category: 10(of 22)

Best time in the category: 38:38