



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Kapell, Jens

Club: Weinbergen

Number: 1055

Course: 5.00 km

5 km-Lauf

Category:

Männer

Total time: 20:02

Speed: 14.98 km/h

Running performance: 4:01 min/km

Rank in course/Total: 24 (of 152)

Rank in course/Men: 24 (of 90)

Best time in course: 16:41

Rank in category: 15(of 62)

Best time in the category: 16:41