



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Kramer, Heinz

Club: Mühlhausen
Number: 1916

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 47:05

Speed: 12.74 km/h
Running performance: 4:43 min/km

Rank in course/Total: 91 (of 202)

Rank in course/Men: 87 (of 161)

Best time in course: 31:09

Rank in category: 7(of 13)

Best time in the category: 40:42