



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Rabich, Johannes-Uwe

Club: Bundeswehr Mhl
Number: 1843

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 47:34

Speed: 12.61 km/h
Running performance: 4:46 min/km

Rank in course/Total: 94 (of 202)

Rank in course/Men: 90 (of 161)

Best time in course: 31:09

Rank in category: 22(of 32)

Best time in the category: 34:34