



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Koch, Dirk

Club: Mühlhausen
Number: 1758

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 47:52

Speed: 12.53 km/h
Running performance: 4:47 min/km

Rank in course/Total: 96 (of 202)

Rank in course/Men: 92 (of 161)

Best time in course: 31:09

Rank in category: 23(of 32)

Best time in the category: 34:34