



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Tittmar, Wolfram

Club: Polizeisportverein MHL  
Number: 1867

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 48:32

Speed: 12.36 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 105 (of 202)

Rank in course/Men: 99 (of 161)

Best time in course: 31:09

Rank in category: 10(of 13)

Best time in the category: 40:42