



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Thomas, Benjamin

Club: Bundeswehr Mhl  
Number: 1866

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 48:40

Speed: 12.33 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 107 (of 202)

Rank in course/Men: 101 (of 161)

Best time in course: 31:09

Rank in category: 20(of 27)

Best time in the category: 31:09