



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Schmitz, Karola

Club: Niederdorla  
Number: 1925

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 49:09

Speed: 12.21 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 113 (of 202)

Rank in course/Women: 10 (of 41)

Best time in course: 38:12

Rank in category: 4(of 13)

Best time in the category: 41:07