



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Kaufmann, Roland

Club: VFB Beberstedt 26
Number: 1913

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 49:47

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 121 (of 202)

Rank in course/Men: 107 (of 161)

Best time in course: 31:09

Rank in category: 14(of 24)

Best time in the category: 36:06