



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Leister, Karl-Heinz

Club: Sparkasse UH
Number: 1826

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 49:55

Speed: 12.02 km/h
Running performance: 4:59 min/km

Rank in course/Total: 123 (of 202)

Rank in course/Men: 109 (of 161)

Best time in course: 31:09

Rank in category: 24(of 32)

Best time in the category: 34:34