



12. Mühlhäuser Altstadtlauf

Mühlhausen / 30.08.2008

Detailed evaluation

Stephan, Michael

Club: Schönstedt

Number: 1946

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 49:58

Speed: 12.01 km/h

Running performance: 5:00 min/km

Rank in course/Total: 124 (of 202)

Rank in course/Men: 110 (of 161)

Best time in course: 31:09

Rank in category: 15(of 24)

Best time in the category: 36:06