



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Krug, Alexander

Club: LSV Unstrut-Hainich
Number: 1760

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 51:16

Speed: 11.70 km/h
Running performance: 5:08 min/km

Rank in course/Total: 138 (of 202)

Rank in course/Men: 121 (of 161)

Best time in course: 31:09

Rank in category: 14(of 22)

Best time in the category: 38:38