



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Mainzer, Benedikt**

Club: GS Heyerode  
Number: 99

Course: 1.70 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 7:56

Speed: 7.56 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 98 (of 296)

Rank in course/Men: 66 (of 156)

Best time in course: 5:40

Rank in category: 21(of 87)

Best time in the category: 6:32