



12. Mühlhäuser Altstadtlauf

Mühlhausen / 30.08.2008

Detailed evaluation

Nolte, Jörg

Club: Dieburg

Number: 1836

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 51:38

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 143 (of 202)

Rank in course/Men: 126 (of 161)

Best time in course: 31:09

Rank in category: 28(of 32)

Best time in the category: 34:34