



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Frohn, Gunnar

Club: VSG 1882 Oberdorla
Number: 1129

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 20:35

Speed: 14.57 km/h
Running performance: 4:07 min/km

Rank in course/Total: 30 (of 152)

Rank in course/Men: 29 (of 90)

Best time in course: 16:41

Rank in category: 19(of 62)

Best time in the category: 16:41