



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Bluhm, Michael**

Club: Hainichläufer Mühlhausen  
Number: 1778

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 52:37

Speed: 11.40 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 154 (of 202)

Rank in course/Men: 134 (of 161)

Best time in course: 31:09

Rank in category: 18(of 24)

Best time in the category: 36:06