



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Koch, Stefan

Club: SV 1899 LA
Number: 1819

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 52:46

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 156 (of 202)

Rank in course/Men: 135 (of 161)

Best time in course: 31:09

Rank in category: 30(of 32)

Best time in the category: 34:34