



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer

Number: 1808

Course: 10.00 km

Hauptlauf

Category:

Frauen W30

Total time: 53:56

Speed: 11.12 km/h

Running performance: 5:23 min/km

Rank in course/Total: 168 (of 202)

Rank in course/Women: 26 (of 41)

Best time in course: 38:12

Rank in category: 2(of 4)

Best time in the category: 50:33