



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Koch, Ines

Club: Jena

Number: 1943

Course: 10.00 km

Hauptlauf

Category:

Frauen W35

Total time: 54:07

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 171 (of 202)

Rank in course/Women: 27 (of 41)

Best time in course: 38:12

Rank in category: 7(of 7)

Best time in the category: 42:49