



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Portwich, Michael

Club: Jema-Laufteam Mühlhausen
Number: 1840

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 55:22

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 176 (of 202)

Rank in course/Men: 148 (of 161)

Best time in course: 31:09

Rank in category: 21(of 22)

Best time in the category: 38:38