



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Jagemann, Kay-Uwe

Club: Mühlhausen
Number: 1890

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 55:26

Speed: 10.82 km/h
Running performance: 5:32 min/km

Rank in course/Total: 177 (of 202)

Rank in course/Men: 149 (of 161)

Best time in course: 31:09

Rank in category: 22(of 24)

Best time in the category: 36:06