



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Koch, Regina

Club: Hainich-Läufer
Number: 1935

Course: 10.00 km
Hauptlauf

Category:
Frauen W50

Total time: 56:14

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 182 (of 202)

Rank in course/Women: 31 (of 41)

Best time in course: 38:12

Rank in category: 1(of 2)

Best time in the category: 56:14