



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

**Knothe, Simone**

Club: Reichenbach  
Number: 1970

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W30

Total time: 57:18

Speed: 10.47 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 185 (of 202)

Rank in course/Women: 32 (of 41)

Best time in course: 38:12

Rank in category: 3(of 4)

Best time in the category: 50:33