



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Grabe, Thomas

Club: VFL Hüpstedt  
Number: 1157

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 20:38

Speed: 14.54 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 32 (of 152)

Rank in course/Men: 31 (of 90)

Best time in course: 16:41

Rank in category: 21(of 62)

Best time in the category: 16:41