



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Hildesheim, Mara

Club: ESC Erfurt  
Number: 1050

Course: 5.00 km  
5 km-Lauf

Category:  
Schülerinnen

Total time: 21:09

Speed: 14.18 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 35 (of 152)

Rank in course/Women: 4 (of 62)

Best time in course: 20:32

Rank in category: 3(of 15)

Best time in the category: 20:51