



12. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2008

Detailed evaluation

Seyfarth, Michel

Club: Creaton Großengottern  
Number: 1101

Course: 5.00 km  
5 km-Lauf

Category:  
Schüler

Total time: 21:13

Speed: 14.14 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 39 (of 152)

Rank in course/Men: 35 (of 90)

Best time in course: 16:41

Rank in category: 11(of 20)

Best time in the category: 18:07