



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Gras, Manuel

Club: ESC Erfurt
Number: 1038

Course: 5.00 km
5 km-Lauf

Category:
Schüler

Total time: 18:07

Speed: 16.56 km/h
Running performance: 3:37 min/km

Rank in course/Total: 4 (of 152)

Rank in course/Men: 4 (of 90)

Best time in course: 16:41

Rank in category: 1(of 20)

Best time in the category: 18:07