



12. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2008

Detailed evaluation

Worch, Alexandra

Club: Creaton Großengottern
Number: 1115

Course: 5.00 km
5 km-Lauf

Category:
Schülerinnen

Total time: 21:57

Speed: 13.67 km/h
Running performance: 4:23 min/km

Rank in course/Total: 49 (of 152)

Rank in course/Women: 6 (of 62)

Best time in course: 20:32

Rank in category: 5(of 15)

Best time in the category: 20:51