



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Romming, Nicole

Club: Fitnessoase Ohrdruf
Number: 44

Course: 10.00 km
Frauenlauf

Category:
Frauen W35

Total time: 47:40

Speed: 12.59 km/h
Running performance: 4:46 min/km

Rank in course: 9 (of 90)

Best time in course: 39:40

Rank in category: 3(of 10)

Best time in the category: 46:00