



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Knabe-Gollnick, Christa

Club: GMRLV

Number: 98

Course: 10.00 km

Frauenlauf

Category:

Frauen W60

Total time: 53:48

Speed: 11.15 km/h

Running performance: 5:23 min/km

Rank in course: 25 (of 90)

Best time in course: 39:40

Rank in category: 1(of 5)

Best time in the category: 53:48