



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Ludewig, Saskia

Club: Jena

Number: 27

Course: 10.00 km

Frauenlauf

Category:

Frauen W20

Total time: 57:40

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course: 45 (of 90)

Best time in course: 39:40

Rank in category: 6(of 11)

Best time in the category: 46:57