



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf Erfurt / 31.08.2008

Detailed evaluation

Alack, Gitta

Club: Eisenach

Number: 77

Course: 10.00 km

Frauenlauf

Category:

Frauen W30

Total time: 1:00:05

Speed: 9.99 km/h

Running performance: 6:01 min/km

Rank in course: 55 (of 90)

Best time in course: 39:40

Rank in category: 6(of 7)

Best time in the category: 52:16