



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Freitag, Silvia

Club: Otto 10

Number: 385

Course: 10.00 km

Walking

Category:

Frauen Walking

Total time: 1:19:33

Speed: 7.54 km/h

Running performance: 7:58 min/km

Rank in course/Total: 6 (of 22)

Rank in course/Women: 2 (of 15)

Best time in course: 1:18:00

Rank in category: 2(of 15)

Best time in the category: 1:18:00