



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Demel, Bernd

Club: Erfurt  
Number: 353

Course: 10.00 km  
Walking

Category:  
Männer Walking

Total time: 1:29:55

Speed: 6.67 km/h  
Running performance: 8:59 min/km

Rank in course/Total: 12 (of 22)

Rank in course/Men: 6 (of 7)

Best time in course: 1:10:05

Rank in category: 6(of 7)

Best time in the category: 1:10:05