



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Menzel, Gudrun

Club: Tonndorf  
Number: 420

Course: 10.00 km  
Walking

Category:  
Frauen Walking

Total time: 1:35:15

Speed: 6.30 km/h  
Running performance: 9:31 min/km

Rank in course/Total: 17 (of 22)  
Rank in course/Women: 10 (of 15)  
Best time in course: 1:18:00

Rank in category: 10(of 15)  
Best time in the category: 1:18:00