



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Gitz, Christoph

Club: Team EPO

Number: 348

Course: 12.00 km

Volkslauf

Category:

Männer M20

Total time: 47:04

Speed: 15.30 km/h

Running performance: 3:55 min/km

Rank in course/Total: 5 (of 193)

Rank in course/Men: 5 (of 184)

Best time in course: 41:33

Rank in category: 4(of 22)

Best time in the category: 41:33