



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Wernecke, Ernst

Club: VfL 28 Ellrich
Number: 272

Course: 12.00 km
Volkslauf

Category:
Männer M55

Total time: 48:19

Speed: 14.90 km/h
Running performance: 4:02 min/km

Rank in course/Total: 13 (of 193)

Rank in course/Men: 13 (of 184)

Best time in course: 41:33

Rank in category: 2 (of 17)

Best time in the category: 47:43