



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

**Krause, Tobias**

Club: SV Alach  
Number: 350

Course: 12.00 km  
Volkslauf

Category:  
Männer M20

Total time: 49:24

Speed: 14.57 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 23 (of 193)

Rank in course/Men: 23 (of 184)

Best time in course: 41:33

Rank in category: 7(of 22)

Best time in the category: 41:33