



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.  
Number: 193

Course: 12.00 km  
Volkslauf

Category:  
Männer M40

Total time: 49:31

Speed: 14.54 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 24 (of 193)

Rank in course/Men: 24 (of 184)

Best time in course: 41:33

Rank in category: 8(of 36)

Best time in the category: 48:17