



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf  
Erfurt / 31.08.2008

Detailed evaluation

Grebhahn, Bernd

Club: WSV Oberhof

Number: 313

Course: 12.00 km

Volkslauf

Category:

Männer M55

Total time: 53:30

Speed: 13.46 km/h

Running performance: 4:28 min/km

Rank in course/Total: 50 (of 193)

Rank in course/Men: 50 (of 184)

Best time in course: 41:33

Rank in category: 3(of 17)

Best time in the category: 47:43