



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Braun, Bertram

Club: Erfurt
Number: 296

Course: 12.00 km
Volkslauf

Category:
Männer M30

Total time: 55:04

Speed: 13.08 km/h
Running performance: 4:35 min/km

Rank in course/Total: 57 (of 193)

Rank in course/Men: 57 (of 184)

Best time in course: 41:33

Rank in category: 6(of 14)

Best time in the category: 46:44