



7. Thüringer Florena-Frauen-Lauf und 10. Erfurter Volkslauf
Erfurt / 31.08.2008

Detailed evaluation

Pohl, Tizian

Club: Normania Treffurt
Number: 239

Course: 12.00 km
Volkslauf

Category:
männliche Jugend B

Total time: 56:57

Speed: 12.64 km/h
Running performance: 4:45 min/km

Rank in course/Total: 74 (of 193)

Rank in course/Men: 74 (of 184)

Best time in course: 41:33

Rank in category: 3(of 4)

Best time in the category: 51:25